

## RD Group Planning Form

The *Four Quadrants of RD* provide a general overview of what to expect during an RD Group meeting. However, specific questions can arise when a person goes to plan their time together. This form can also be used to refer back to periodically as a litmus test to make sure your group remains well-rounded. It is not meant to be used as a checklist to make sure each box is checked every time you meet. Instead, it is for planning and review to help you keep your RD Group on track. Everyone should bring a notebook or journal to keep their H.E.A.R. journals in and to write down prayers and productive actions.

### WORSHIP

- Pray for God's leading in your time together
- Take a moment to praise God for who He is and to give Him thanks for what He is doing
- Talk about how you have seen God at work around you during the past week
- Have each person share the Scripture Memory Verse of the week
- Set aside times periodically to review Scripture Memory Verses from the past month or so

### GROW

- Take turns sharing the H.E.A.R. journal each person completed for that week
- Discuss what you learned from God's Word through the journal entries that are shared
- Have each person talk about how God is leading them to apply what they learned
- Ask about other areas of their character that the Lord may be working on currently
- Celebrate any maturity that is taking place and challenge when it is being put off
- Look for ways you can model how you follow Christ outside your normal group meeting
- Do something fun together to build relationships within your group

### SERVE

- Serve one another by being vulnerable and holding each other accountable in areas of growth
- Point out potential spiritual gifts in one other and ask how they could be used in disciple-making
- Talk about how each person is serving their family through disciple-making
- Look for ways to know each other's families to see how people relate in different environments
- Pray about any ways the Lord may be leading your RD Group to serve others together
- Discuss how each person can use their time, talent and treasure to glorify God in greater ways

### DISCIPLE

- Regularly pray for the Pre-Christian(s) God has placed on the hearts of the people in your group
- Discuss what the natural next step toward Christ is for the Pre-Christians you are praying for
- Look for ways your group could care and connect the Pre-Christians you have in mind together
- Role play and practice sharing the gospel, asking good questions and answering tough questions
- Rotate leadership of the group over time so each person is prepared to multiply RD with others
- Pray about who the Lord is leading each person to invite into RD at the conclusion of your group